

Resultater fra Skumringssprint Bestemorenga 26.09.2006

Det var totalt 24 deltagere.

Klasse 2,3 km 2,3 km

20 påmeldt, 20 startende

1	Arild Hegreberg			B&OI		(6,36min/km)		14:37		
	1:02 (1)	2:11 (1)	3:23 (1)	4:57 (1)	7:38 (1)	9:54 (1)	10:59 (1)	12:27 (1)	13:41 (1)	14:37 (1)
	1:02/44	1:09/45	1:12/46	1:34/47	2:41/48	2:16/49	1:05/53	1:28/54	1:14/55	0:56/249
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
2	Erlend Fjose			B&OI		(9,07min/km)		20:51	(+6:14)	
	1:27 (5)	3:33 (4)	5:09 (4)	7:08 (3)	11:42 (4)	14:55 (4)	16:28 (3)	18:02 (2)	19:33 (2)	20:51 (2)
	1:27/44	2:06/45	1:36/46	1:59/47	4:34/48	3:13/49	1:33/53	1:34/54	1:31/55	1:18/249
	+0:25 (5)	+0:57 (4)	+0:24 (4)	+0:25 (2)	+1:53 (12)	+0:57 (3)	+0:28 (4)	+0:06 (2)	+0:17 (4)	+0:22 (13)
3	Marit Johnsen			B&OI		(9,58min/km)		22:02	(+7:25)	
	1:17 (4)	2:53 (2)	4:31 (2)	6:45 (2)	10:21 (2)	13:34 (2)	15:07 (2)	19:06 (3)	20:52 (3)	22:02 (3)
	1:17/44	1:36/45	1:38/46	2:14/47	3:36/48	3:13/49	1:33/53	3:59/54	1:46/55	1:10/249
	+0:15 (4)	+0:27 (3)	+0:26 (5)	+0:40 (4)	+0:55 (3)	+0:57 (3)	+0:28 (4)	+2:31 (15)	+0:32 (9)	+0:14 (6)
4	Thomas Daasvatn			B&OI		(9,84min/km)		22:38	(+8:01)	
	1:11 (2)	4:15 (6)	5:54 (6)	8:17 (6)	12:39 (6)	16:20 (6)	17:42 (6)	19:38 (5)	21:23 (4)	22:38 (4)
	1:11/44	3:04/45	1:39/46	2:23/47	4:22/48	3:41/49	1:22/53	1:56/54	1:45/55	1:15/249
	+0:09 (2)	+1:55 (7)	+0:27 (7)	+0:49 (5)	+1:41 (9)	+1:25 (8)	+0:17 (3)	+0:28 (4)	+0:31 (7)	+0:19 (11)
5	Torkel Irgens			B&OI		(9,85min/km)		22:39	(+8:02)	
	1:30 (6)	5:43 (11)	7:11 (8)	9:21 (8)	12:59 (7)	17:01 (8)	18:19 (8)	20:18 (6)	21:34 (5)	22:39 (5)
	1:30/44	4:13/45	1:28/46	2:10/47	3:38/48	4:02/49	1:18/53	1:59/54	1:16/55	1:05/249
	+0:28 (6)	+3:04 (14)	+0:16 (2)	+0:36 (3)	+0:57 (4)	+1:46 (10)	+0:13 (2)	+0:31 (5)	+0:02 (2)	+0:09 (2)
6	Leif Magne Eggestad			B&OI		(9,92min/km)		22:49	(+8:12)	
	1:43 (8)	3:08 (3)	4:46 (3)	7:11 (4)	10:33 (3)	13:45 (3)	16:50 (4)	19:16 (4)	21:40 (6)	22:49 (6)
	1:43/44	1:25/45	1:38/46	2:25/47	3:22/48	3:12/49	3:05/53	2:26/54	2:24/55	1:09/249
	+0:41 (8)	+0:16 (2)	+0:26 (5)	+0:51 (6)	+0:41 (2)	+0:56 (2)	+2:00 (18)	+0:58 (7)	+1:10 (13)	+0:13 (4)
7	Joar Henriksen			B&OI		(10,36min/km)		23:50	(+9:13)	
	1:32 (7)	3:58 (5)	5:28 (5)	8:06 (5)	11:50 (5)	15:10 (5)	17:06 (5)	20:27 (7)	22:41 (7)	23:50 (7)
	1:32/44	2:26/45	1:30/46	2:38/47	3:44/48	3:20/49	1:56/53	3:21/54	2:14/55	1:09/249
	+0:30 (7)	+1:17 (6)	+0:18 (3)	+1:04 (9)	+1:03 (5)	+1:04 (5)	+0:51 (9)	+1:53 (13)	+1:00 (12)	+0:13 (4)
8	Arne Kristian Nordhei			B&OI		(11,46min/km)		26:22	(+11:45)	
	1:14 (3)	4:51 (7)	6:34 (7)	9:11 (7)	13:12 (8)	16:41 (7)	18:17 (7)	21:04 (8)	25:10 (8)	26:22 (8)
	1:14/44	3:37/45	1:43/46	2:37/47	4:01/48	3:29/49	1:36/53	2:47/54	4:06/55	1:12/249
	+0:12 (3)	+2:28 (12)	+0:31 (8)	+1:03 (8)	+1:20 (6)	+1:13 (6)	+0:31 (7)	+1:19 (10)	+2:52 (18)	+0:16 (8)
9	Anders Wold			B&OI		(11,93min/km)		27:27	(+12:50)	
	2:22 (14)	5:35 (10)	7:35 (11)	10:09 (9)	15:50 (9)	19:20 (9)	21:42 (9)	24:21 (9)	26:06 (9)	27:27 (9)
	2:22/44	3:13/45	2:00/46	2:34/47	5:41/48	3:30/49	2:22/53	2:39/54	1:45/55	1:21/249
	+1:20 (14)	+2:04 (9)	+0:48 (12)	+1:00 (7)	+3:00 (15)	+1:14 (7)	+1:17 (12)	+1:11 (9)	+0:31 (7)	+0:25 (14)
10	Jacob Kalvig Skogan			B&OI		(12,43min/km)		28:35	(+13:58)	
	1:55 (10)	7:04 (13)	8:58 (13)	11:41 (10)	16:00 (10)	20:21 (10)	22:14 (10)	24:42 (10)	27:25 (10)	28:35 (10)
	1:55/44	5:09/45	1:54/46	2:43/47	4:19/48	4:21/49	1:53/53	2:28/54	2:43/55	1:10/249
	+0:53 (10)	+4:00 (15)	+0:42 (11)	+1:09 (10)	+1:38 (7)	+2:05 (14)	+0:48 (8)	+1:00 (8)	+1:29 (14)	+0:14 (6)
11	Håvard Irgens			B&OI		(12,85min/km)		29:33	(+14:56)	
	2:11 (13)	5:29 (9)	7:14 (9)	12:44 (11)	17:03 (11)	21:15 (11)	24:03 (11)	26:53 (11)	28:20 (11)	29:33 (11)
	2:11/44	3:18/45	1:45/46	5:30/47	4:19/48	4:12/49	2:48/53	2:50/54	1:27/55	1:13/249
	+1:09 (13)	+2:09 (10)	+0:33 (10)	+3:56 (16)	+1:38 (7)	+1:56 (13)	+1:43 (16)	+1:22 (11)	+0:13 (3)	+0:17 (9)
12	Torbjørn H Olsen			B&OI		(12,90min/km)		29:40	(+15:03)	
	3:29 (16)	6:40 (12)	8:23 (12)	13:56 (13)	18:19 (12)	22:23 (12)	25:20 (12)	26:55 (12)	28:26 (12)	29:40 (12)
	3:29/44	3:11/45	1:43/46	5:33/47	4:23/48	4:04/49	2:57/53	1:35/54	1:31/55	1:14/249
	+2:27 (16)	+2:02 (8)	+0:31 (8)	+3:59 (17)	+1:42 (10)	+1:48 (11)	+1:52 (17)	+0:07 (3)	+0:17 (4)	+0:18 (10)
13	Morten Selnes			B&OI		(14,03min/km)		32:16	(+17:39)	
	1:58 (11)	9:24 (17)	11:24 (16)	15:05 (14)	20:28 (14)	24:35 (13)	26:59 (13)	29:20 (13)	30:54 (13)	32:16 (13)
	1:58/44	7:26/45	2:00/46	3:41/47	5:23/48	4:07/49	2:24/53	2:21/54	1:34/55	1:22/249
	+0:56 (11)	+6:17 (17)	+0:48 (12)	+2:07 (12)	+2:42 (13)	+1:51 (12)	+1:19 (13)	+0:53 (6)	+0:20 (6)	+0:26 (16)

14 Ida Hegreberg	B&OI (15,50min/km)							35:39 (+21:02)	
1:47 (9)	9:30 (18)	12:07 (18)	15:50 (17)	21:26 (15)	26:15 (14)	27:48 (14)	32:11 (14)	34:18 (14)	35:39 (14)
1:47/44	7:43/45	2:37/46	3:43/47	5:36/48	4:49/49	1:33/53	4:23/54	2:07/55	1:21/249
+0:45 (9)	+6:34 (18)	+1:25 (15)	+2:09 (13)	+2:55 (14)	+2:33 (15)	+0:28 (4)	+2:55 (16)	+0:53 (11)	+0:25 (14)
15 Frode Ikdahl	B&OI (16,54min/km)							38:03 (+23:26)	
4:11 (19)	7:41 (15)	10:28 (15)	13:40 (12)	22:43 (16)	26:24 (15)	28:36 (15)	33:36 (15)	36:56 (15)	38:03 (15)
4:11/44	3:30/45	2:47/46	3:12/47	9:03/48	3:41/49	2:12/53	5:00/54	3:20/55	1:07/249
+3:09 (19)	+2:21 (11)	+1:35 (17)	+1:38 (11)	+6:22 (19)	+1:25 (8)	+1:07 (10)	+3:32 (17)	+2:06 (17)	+0:11 (3)
16 Håkon Hegreberg	B&OI (17,72min/km)							40:46 (+26:09)	
3:36 (17)	7:31 (14)	10:22 (14)	15:19 (15)	23:53 (17)	30:14 (17)	33:29 (17)	36:46 (16)	39:30 (16)	40:46 (16)
3:36/44	3:55/45	2:51/46	4:57/47	8:34/48	6:21/49	3:15/53	3:17/54	2:44/55	1:16/249
+2:34 (17)	+2:46 (13)	+1:39 (18)	+3:23 (15)	+5:53 (18)	+4:05 (17)	+2:10 (19)	+1:49 (12)	+1:30 (15)	+0:20 (12)
17 Carol Iddles	B&OI (18,01min/km)							41:26 (+26:49)	
2:55 (15)	5:13 (8)	7:24 (10)	15:38 (16)	20:08 (13)	28:32 (16)	30:52 (16)	38:13 (17)	40:04 (17)	41:26 (17)
2:55/44	2:18/45	2:11/46	8:14/47	4:30/48	8:24/49	2:20/53	7:21/54	1:51/55	1:22/249
+1:53 (15)	+1:09 (5)	+0:59 (14)	+6:40 (18)	+1:49 (11)	+6:08 (18)	+1:15 (11)	+5:53 (18)	+0:37 (10)	+0:26 (16)
18 Bendik Storvik Nilsen	B&OI (20,64min/km)							47:28 (+32:51)	
4:00 (18)	14:15 (19)	16:53 (19)	20:44 (19)	27:52 (18)	36:48 (19)	39:29 (19)	43:07 (18)	45:56 (18)	47:28 (18)
4:00/44	10:15/45	2:38/46	3:51/47	7:08/48	8:56/49	2:41/53	3:38/54	2:49/55	1:32/249
+2:58 (18)	+9:06 (19)	+1:26 (16)	+2:17 (14)	+4:27 (16)	+6:40 (19)	+1:36 (14)	+2:10 (14)	+1:35 (16)	+0:36 (18)
19 Arnold Danielsen	B&OI (25,64min/km)							58:59 (+44:22)	
2:09 (12)	8:38 (16)	12:01 (17)	20:40 (18)	28:48 (19)	34:20 (18)	37:07 (18)	52:47 (19)	56:57 (19)	58:59 (19)
2:09/44	6:29/45	3:23/46	8:39/47	8:08/48	5:32/49	2:47/53	15:40/54	4:10/55	2:02/249
+1:07 (12)	+5:20 (16)	+2:11 (19)	+7:05 (19)	+5:27 (17)	+3:16 (16)	+1:42 (15)	+14:12 (19)	+2:56 (19)	+1:06 (19)
Jon Øverås	B&OI (20,26min/km)							Disk (+31:59)	
5:38 (20)	10:02 (19)	12:48 (19)	18:38 (18)	24:50 (18)	30:37 (18)	35:33 (18)	45:14 (19)	46:36 (19)	46:36 (18)
5:38/44	4:24/45	2:46/46	5:50/47	6:12/48	5:47/49	4:56/53	9:41/55	1:22/249	
+4:36 (20)	+3:15 (15)	+1:34 (17)	+4:16 (18)	+3:31 (16)	+3:31 (17)	+3:51 (20)	+8:13 (19)	+0:08 (3)	+0:00 (1)

Klasse Nybegynner 1,2 km

4 påmeldt, 4 startende

Sondre Hamran	Valnesfjord IL (10,28min/km)							12:20	
1:10 (1)	2:40 (1)	4:41 (1)	6:42 (1)	8:45 (1)	11:31 (1)	12:20 (1)			
1:10/31	1:30/34	2:01/36	2:01/38	2:03/39	2:46/40	0:49/249			
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:01 (2)	+0:02 (2)	+0:00 (1)			
Heidi Jensen	B&OI (14,74min/km)							17:41	
1:25 (2)	5:01 (4)	7:54 (4)	11:07 (3)	13:20 (3)	16:20 (3)	17:41 (3)			
1:25/31	3:36/34	2:53/36	3:13/38	2:13/39	3:00/40	1:21/249			
+0:15 (2)	+2:06 (4)	+0:52 (2)	+1:12 (2)	+0:11 (3)	+0:16 (3)	+0:32 (2)			
Magnus Kristensen	B&OI (14,54min/km)							17:27	
2:20 (4)	4:36 (3)	7:54 (3)	11:07 (2)	13:09 (2)	15:53 (2)	17:27 (2)			
2:20/31	2:16/34	3:18/36	3:13/38	2:02/39	2:44/40	1:34/249			
+1:10 (4)	+0:46 (3)	+1:17 (3)	+1:12 (2)	+0:00 (1)	+0:00 (1)	+0:45 (4)			
Tore W Wold	B&OI (16,44min/km)							19:44	
2:05 (3)	4:16 (2)	7:46 (2)	11:15 (4)	14:10 (4)	18:12 (4)	19:44 (4)			
2:05/31	2:11/34	3:30/36	3:29/38	2:55/39	4:02/40	1:32/249			
+0:55 (3)	+0:41 (2)	+1:29 (4)	+1:28 (4)	+0:53 (4)	+1:18 (4)	+0:43 (3)			