

Resultater fra Saltenkarusell 4 15.05.2007

Det var totalt 88 deltagere.

Klasse 2 km 2,3 km

11 påmeldt, 11 startende

1	Anders Steinsland	Ukjent	(8,51min/km)	19:34						
	0:50 (5)	4:23 (4)	8:10 (2)	10:53 (1)	13:31 (1)	15:04 (1)	18:43 (1)	19:34 (1)		
	0:50/55	3:33/41	3:47/46	2:43/52	2:38/47	1:33/53	3:39/40	0:51/58		
	+0:14 (5)	+0:15 (3)	+0:06 (2)	+0:00 (1)	+0:22 (5)	+0:00 (1)	+0:20 (3)	+0:05 (4)		
2	Fredrik Kristiansen	B&OI	(8,99min/km)	20:41	(+1:07)					
	0:45 (2)	4:17 (3)	9:24 (6)	12:33 (3)	14:49 (2)	16:26 (2)	19:55 (2)	20:41 (2)		
	0:45/55	3:32/41	5:07/46	3:09/52	2:16/47	1:37/53	3:29/40	0:46/58		
	+0:09 (2)	+0:14 (2)	+1:26 (7)	+0:26 (2)	+0:00 (1)	+0:04 (3)	+0:10 (2)	+0:00 (1)		
3	Sølvi Kristiansen	B&OI	(9,02min/km)	20:45	(+1:11)					
	0:50 (5)	4:26 (5)	9:24 (6)	12:37 (4)	15:06 (4)	16:40 (3)	19:59 (3)	20:45 (3)		
	0:50/55	3:36/41	4:58/46	3:13/52	2:29/47	1:34/53	3:19/40	0:46/58		
	+0:14 (5)	+0:18 (5)	+1:17 (6)	+0:30 (3)	+0:13 (2)	+0:01 (2)	+0:00 (1)	+0:00 (1)		
4	Håvard Irgens	B&OI	(9,80min/km)	22:33	(+2:59)					
	0:49 (4)	5:19 (8)	9:00 (4)	12:26 (2)	15:04 (3)	17:39 (4)	21:46 (4)	22:33 (4)		
	0:49/55	4:30/41	3:41/46	3:26/52	2:38/47	2:35/53	4:07/40	0:47/58		
	+0:13 (4)	+1:12 (9)	+0:00 (1)	+0:43 (4)	+0:22 (5)	+1:02 (7)	+0:48 (4)	+0:01 (3)		
5	Frode Ikdahl	B&OI	(10,38min/km)	23:53	(+4:19)					
	0:48 (3)	4:06 (1)	8:05 (1)	13:42 (7)	16:19 (6)	18:26 (6)	23:02 (6)	23:53 (5)		
	0:48/55	3:18/41	3:59/46	5:37/52	2:37/47	2:07/53	4:36/40	0:51/58		
	+0:12 (3)	+0:00 (1)	+0:18 (3)	+2:54 (11)	+0:21 (4)	+0:34 (4)	+1:17 (6)	+0:05 (4)		
6	Mari E Reitan	B&OI	(10,46min/km)	24:04	(+4:30)					
	0:36 (1)	4:11 (2)	8:58 (3)	13:09 (6)	15:42 (5)	18:07 (5)	23:02 (5)	24:04 (6)		
	0:36/55	3:35/41	4:47/46	4:11/52	2:33/47	2:25/53	4:55/40	1:02/58		
	+0:00 (1)	+0:17 (4)	+1:06 (5)	+1:28 (7)	+0:17 (3)	+0:52 (6)	+1:36 (8)	+0:16 (7)		
7	Elin Irgens	Innstranden IL	(10,70min/km)	24:37	(+5:03)					
	0:59 (8)	4:47 (6)	9:19 (5)	13:00 (5)	16:39 (7)	18:48 (7)	23:39 (7)	24:37 (7)		
	0:59/55	3:48/41	4:32/46	3:41/52	3:39/47	2:09/53	4:51/40	0:58/58		
	+0:23 (8)	+0:30 (6)	+0:51 (4)	+0:58 (6)	+1:23 (8)	+0:36 (5)	+1:32 (7)	+0:12 (6)		
8	Tine Bergkvist	Valnesfjord IL	(12,63min/km)	29:03	(+9:29)					
	3:09 (11)	7:22 (10)	12:35 (9)	16:14 (8)	20:05 (8)	22:41 (8)	27:12 (8)	29:03 (8)		
	3:09/55	4:13/41	5:13/46	3:39/52	3:51/47	2:36/53	4:31/40	1:51/58		
	+2:33 (11)	+0:55 (7)	+1:32 (8)	+0:56 (5)	+1:35 (10)	+1:03 (8)	+1:12 (5)	+1:05 (11)		
9	Heidi Jensen	B&OI	(13,67min/km)	31:27	(+11:53)					
	0:52 (7)	5:15 (7)	11:39 (8)	16:45 (9)	20:30 (9)	24:26 (9)	29:38 (9)	31:27 (9)		
	0:52/55	4:23/41	6:24/46	5:06/52	3:45/47	3:56/53	5:12/40	1:49/58		
	+0:16 (7)	+1:05 (8)	+2:43 (9)	+2:23 (10)	+1:29 (9)	+2:23 (11)	+1:53 (9)	+1:03 (10)		
10	Bendik Storvik Nilsen	B&OI	(15,46min/km)	35:33	(+15:59)					
	1:04 (9)	8:07 (11)	15:34 (11)	20:23 (11)	23:51 (10)	27:05 (10)	34:26 (10)	35:33 (10)		
	1:04/55	7:03/41	7:27/46	4:49/52	3:28/47	3:14/53	7:21/40	1:07/58		
	+0:28 (9)	+3:45 (11)	+3:46 (10)	+2:06 (9)	+1:12 (7)	+1:41 (9)	+4:02 (11)	+0:21 (8)		
11	Eva Lund Pedersen	IL Siso	(16,23min/km)	37:20	(+17:46)					
	1:12 (10)	6:37 (9)	14:09 (10)	18:52 (10)	26:58 (11)	30:29 (11)	35:55 (11)	37:20 (11)		
	1:12/55	5:25/41	7:32/46	4:43/52	8:06/47	3:31/53	5:26/40	1:25/58		
	+0:36 (10)	+2:07 (10)	+3:51 (11)	+2:00 (8)	+5:50 (11)	+1:58 (10)	+2:07 (10)	+0:39 (9)		

Klasse 3 km 3,6 km

27 påmeldt, 27 startende

1	Asbjørn Pedersen	IL Siso	(8,83min/km)	31:48						
	3:36 (3)	6:53 (1)	14:39 (4)	20:41 (1)	22:12 (1)	24:05 (1)	25:37 (1)	30:09 (1)	31:48 (1)	31:48 (1)
	3:36/31	3:17/48	7:46/44	6:02/56	1:31/45	1:53/52	1:32/53	4:32/50	1:39/58	
	+0:31 (3)	+0:00 (1)	+1:34 (7)	+0:00 (1)	+0:13 (5)	+0:32 (5)	+0:18 (10)	+2:38 (3)	+0:18 (6)	+0:00 (1)
2	Pål Jensen	Ukjent	(9,63min/km)	34:41	(+2:53)					
	4:12 (9)	8:38 (10)	14:55 (5)	22:42 (5)	24:45 (6)	26:42 (3)	27:57 (2)	32:58 (2)	34:41 (2)	34:41 (2)

4:12/31	4:26/48	6:17/44	7:47/56	2:03/45	1:57/52	1:15/53	5:01/50	1:43/58	
+1:07 (9)	+1:09 (13)	+0:05 (2)	+1:45 (6)	+0:45 (10)	+0:36 (8)	+0:01 (2)	+3:07 (5)	+0:22 (7)	+0:00 (1)
3	Carl B Bjørseth		B&OI			(9,66min/km)		34:46	(+2:58)
3:57 (6)	7:18 (3)	15:36 (6)	22:48 (6)	24:17 (5)	27:06 (4)	28:31 (4)	33:09 (4)	34:46 (3)	34:46 (3)
3:57/31	3:21/48	8:18/44	7:12/56	1:29/45	2:49/52	1:25/53	4:38/50	1:37/58	
+0:52 (6)	+0:04 (2)	+2:06 (9)	+1:10 (3)	+0:11 (3)	+1:28 (16)	+0:11 (5)	+2:44 (4)	+0:16 (5)	+0:00 (1)
4	Jens Viggo Limstrand		B&OI			(9,71min/km)		34:58	(+3:10)
4:35 (14)	8:10 (7)	15:45 (7)	22:24 (3)	24:04 (4)	26:15 (2)	28:01 (3)	33:07 (3)	34:58 (4)	34:58 (4)
4:35/31	3:35/48	7:35/44	6:39/56	1:40/45	2:11/52	1:46/53	5:06/50	1:51/58	
+1:30 (14)	+0:18 (4)	+1:23 (6)	+0:37 (2)	+0:22 (8)	+0:50 (11)	+0:32 (15)	+3:12 (6)	+0:30 (12)	+0:00 (1)
5	Heidi Mørkved		Innstranden IL			(10,59min/km)		38:07	(+6:19)
3:34 (2)	7:16 (2)	13:28 (1)	20:56 (2)	22:14 (2)	29:48 (5)	31:03 (5)	36:46 (6)	38:07 (5)	38:07 (5)
3:34/31	3:42/48	6:12/44	7:28/56	1:18/45	7:34/52	1:15/53	5:43/50	1:21/58	
+0:29 (2)	+0:25 (7)	+0:00 (1)	+1:26 (4)	+0:00 (1)	+6:13 (24)	+0:01 (2)	+3:49 (11)	+0:00 (1)	+0:00 (1)
6	Rannü Holten		Valnesfjord IL			(10,66min/km)		38:22	(+6:34)
4:01 (7)	7:42 (5)	14:28 (3)	25:47 (7)	27:52 (7)	29:51 (6)	31:05 (6)	36:36 (5)	38:22 (6)	38:22 (6)
4:01/31	3:41/48	6:46/44	11:19/56	2:05/45	1:59/52	1:14/53	5:31/50	1:46/58	
+0:56 (7)	+0:24 (6)	+0:34 (5)	+5:17 (19)	+0:47 (11)	+0:38 (9)	+0:00 (1)	+3:37 (9)	+0:25 (9)	+0:00 (1)
7	Erling Pedersen		Ukjent			(11,19min/km)		40:17	(+8:29)
3:38 (4)	7:18 (3)	17:59 (9)	27:42 (12)	30:32 (11)	32:22 (10)	34:05 (10)	38:29 (7)	40:17 (7)	40:17 (7)
3:38/31	3:40/48	10:41/44	9:43/56	2:50/45	1:50/52	1:43/53	4:24/50	1:48/58	
+0:33 (4)	+0:23 (5)	+4:29 (16)	+3:41 (17)	+1:32 (17)	+0:29 (4)	+0:29 (13)	+2:30 (2)	+0:27 (10)	+0:00 (1)
8	Carol Iddles		B&OI			(11,33min/km)		40:48	(+9:00)
4:12 (9)	8:19 (8)	18:39 (11)	27:07 (9)	28:44 (8)	31:09 (7)	33:10 (7)	38:45 (8)	40:48 (8)	40:48 (8)
4:12/31	4:07/48	10:20/44	8:28/56	1:37/45	2:25/52	2:01/53	5:35/50	2:03/58	
+1:07 (9)	+0:50 (9)	+4:08 (13)	+2:26 (12)	+0:19 (7)	+1:04 (14)	+0:47 (19)	+3:41 (10)	+0:42 (16)	+0:00 (1)
9	Tor Jørgen Aandahl		B&OI			(12,02min/km)		43:16	(+11:28)
4:19 (11)	7:45 (6)	14:27 (2)	22:30 (4)	23:53 (3)	33:11 (11)	34:39 (11)	41:28 (9)	43:16 (9)	43:16 (9)
4:19/31	3:26/48	6:42/44	8:03/56	1:23/45	9:18/52	1:28/53	6:49/50	1:48/58	
+1:14 (11)	+0:09 (3)	+0:30 (4)	+2:01 (9)	+0:05 (2)	+7:57 (25)	+0:14 (7)	+4:55 (18)	+0:27 (10)	+0:00 (1)
10	Ida Hegreberg		B&OI			(12,06min/km)		43:24	(+11:36)
4:26 (13)	8:45 (11)	17:45 (8)	27:12 (10)	32:07 (12)	34:02 (12)	35:27 (12)	41:39 (10)	43:24 (10)	43:24 (10)
4:26/31	4:19/48	9:00/44	9:27/56	4:55/45	1:55/52	1:25/53	6:12/50	1:45/58	
+1:21 (13)	+1:02 (11)	+2:48 (10)	+3:25 (15)	+3:37 (23)	+0:34 (6)	+0:11 (5)	+4:18 (14)	+0:24 (8)	+0:00 (1)
11	Tore Tveraabak		B&OI			(12,19min/km)		43:53	(+12:05)
3:05 (1)	13:15 (22)	19:53 (14)	27:59 (13)	30:25 (10)	32:05 (9)	33:25 (8)	42:31 (11)	43:53 (11)	43:53 (11)
3:05/31	10:10/48	6:38/44	8:06/56	2:26/45	1:40/52	1:20/53	9:06/50	1:22/58	
+0:00 (1)	+6:53 (25)	+0:26 (3)	+2:04 (10)	+1:08 (15)	+0:19 (2)	+0:06 (4)	+7:12 (22)	+0:01 (2)	+0:00 (1)
12	Torbjørn H Olsen		B&OI			(12,42min/km)		44:43	(+12:55)
3:38 (4)	10:46 (17)	18:57 (12)	30:34 (14)	33:05 (13)	35:41 (13)	37:13 (13)	43:09 (12)	44:43 (12)	44:43 (12)
3:38/31	7:08/48	8:11/44	11:37/56	2:31/45	2:36/52	1:32/53	5:56/50	1:34/58	
+0:33 (4)	+3:51 (24)	+1:59 (8)	+5:35 (20)	+1:13 (16)	+1:15 (15)	+0:18 (10)	+4:02 (12)	+0:13 (4)	+0:00 (1)
13	Per Dalhaug		B&OI			(12,63min/km)		45:29	(+13:41)
4:19 (11)	9:54 (15)	25:13 (20)	32:54 (17)	34:29 (16)	36:46 (14)	38:16 (14)	43:27 (13)	45:29 (13)	45:29 (13)
4:19/31	5:35/48	15:19/44	7:41/56	1:35/45	2:17/52	1:30/53	5:11/50	2:02/58	
+1:14 (11)	+2:18 (17)	+9:07 (20)	+1:39 (5)	+0:17 (6)	+0:56 (13)	+0:16 (9)	+3:17 (7)	+0:41 (15)	+0:00 (1)
14	Katrine Kalvig		B&OI			(13,37min/km)		48:07	(+16:19)
4:40 (15)	10:24 (16)	22:08 (17)	31:43 (16)	33:56 (15)	37:47 (15)	39:35 (15)	45:53 (14)	48:07 (14)	48:07 (14)
4:40/31	5:44/48	11:44/44	9:35/56	2:13/45	3:51/52	1:48/53	6:18/50	2:14/58	
+1:35 (15)	+2:27 (18)	+5:32 (18)	+3:33 (16)	+0:55 (13)	+2:30 (20)	+0:34 (16)	+4:24 (15)	+0:53 (18)	+0:00 (1)
15	Siv Byberg		B&OI			(13,76min/km)		49:32	(+17:44)
7:38 (23)	12:08 (18)	21:22 (15)	31:28 (15)	33:34 (14)	38:57 (16)	41:00 (16)	47:21 (15)	49:32 (15)	49:32 (15)
7:38/31	4:30/48	9:14/44	10:06/56	2:06/45	5:23/52	2:03/53	6:21/50	2:11/58	
+4:33 (23)	+1:13 (15)	+3:02 (11)	+4:04 (18)	+0:48 (12)	+4:02 (22)	+0:49 (20)	+4:27 (16)	+0:50 (17)	+0:00 (1)
16	Morten Selnes		B&OI			(13,76min/km)		49:33	(+17:45)
4:10 (8)	8:36 (9)	18:37 (10)	26:38 (8)	38:40 (17)	40:35 (17)	42:13 (17)	47:37 (16)	49:33 (16)	49:33 (16)
4:10/31	4:26/48	10:01/44	8:01/56	12:02/45	1:55/52	1:38/53	5:24/50	1:56/58	
+1:05 (8)	+1:09 (13)	+3:49 (12)	+1:59 (8)	+10:44 (24)	+0:34 (6)	+0:24 (12)	+3:30 (8)	+0:35 (13)	+0:00 (1)

17	Andreas Tjensland		Ukjent		(14,64min/km)	52:43	(+20:55)		
	8:07 (24)	14:08 (25)	29:43 (22)	39:07 (20)	41:09 (19)	42:57 (18)	44:40 (18)	50:46 (17)	52:43 (17) 52:43 (17)
	8:07/31	6:01/48	15:35/44	9:24/56	2:02/45	1:48/52	1:43/53	6:06/50	1:57/58
	+5:02 (24)	+2:44 (20)	+9:23 (21)	+3:22 (14)	+0:44 (9)	+0:27 (3)	+0:29 (13)	+4:12 (13)	+0:36 (14) +0:00 (1)
18	Sander Pettersen		B&OI		(14,80min/km)	53:17	(+21:29)		
	9:48 (25)	14:07 (24)	31:31 (23)	39:49 (21)	41:19 (20)	43:27 (19)	44:55 (19)	51:45 (18)	53:17 (18) 53:17 (18)
	9:48/31	4:19/48	17:24/44	8:18/56	1:30/45	2:08/52	1:28/53	6:50/50	1:32/58
	+6:43 (25)	+1:02 (11)	+11:12 (23)	+2:16 (11)	+0:12 (4)	+0:47 (10)	+0:14 (7)	+4:56 (19)	+0:11 (3) +0:00 (1)
19	Carl A Boe		B&OI		(15,97min/km)	57:30	(+25:42)		
	5:16 (17)	9:19 (13)	26:38 (21)	35:28 (19)	39:49 (18)	46:23 (20)	48:21 (20)	55:09 (19)	57:30 (19) 57:30 (19)
	5:16/31	4:03/48	17:19/44	8:50/56	4:21/45	6:34/52	1:58/53	6:48/50	2:21/58
	+2:11 (17)	+0:46 (8)	+11:07 (22)	+2:48 (13)	+3:03 (22)	+5:13 (23)	+0:44 (18)	+4:54 (17)	+1:00 (19) +0:00 (1)
20	Per O Fosby		B&OI		(17,28min/km)	1:02:12	(+30:24)		
	4:52 (16)	8:59 (12)	19:25 (13)	27:16 (11)	29:35 (9)	31:50 (8)	33:57 (9)	59:43 (21)	1:02:12 (20) 1:02:12 (20)
	4:52/31	4:07/48	10:26/44	7:51/56	2:19/45	2:15/52	2:07/53	25:46/50	2:29/58
	+1:47 (16)	+0:50 (9)	+4:14 (14)	+1:49 (7)	+1:01 (14)	+0:54 (12)	+0:53 (22)	+23:52 (25)	+1:08 (20) +0:00 (1)
21	Einar Haugli		Ukjent		(18,25min/km)	1:05:41	(+33:53)		
	5:16 (17)	9:52 (14)	22:01 (16)	34:16 (18)	50:57 (23)	52:18 (23)	54:06 (23)	56:00 (20)	1:03:36 (21) 1:05:41 (21)
	5:16/31	4:36/48	12:09/44	12:15/45	16:41/56	1:21/45	1:48/52	1:54/53	7:36/50 2:05/58
	+2:11 (17)	+1:19 (16)	+5:57 (19)	+6:13 (23)	+15:23 (25)	+0:00 (1)	+0:34 (16)	+0:00 (1)	+6:15 (25) +0:00 (1)
22	Martine Bruland		Ukjent		(19,17min/km)	1:09:01	(+37:13)		
	7:08 (21)	12:53 (21)	24:26 (19)	40:34 (23)	44:23 (21)	48:12 (21)	52:24 (21)	1:05:34 (22)	1:09:01 (22) 1:09:01 (22)
	7:08/31	5:45/48	11:33/44	16:08/56	3:49/45	3:49/52	4:12/53	13:10/50	3:27/58
	+4:03 (21)	+2:28 (19)	+5:21 (17)	+10:06 (24)	+2:31 (20)	+2:28 (19)	+2:58 (25)	+11:16 (23)	+2:06 (24) +0:00 (1)
23	Asgeir Vågan		Ukjent		(19,24min/km)	1:09:15	(+37:27)		
	7:18 (22)	13:22 (23)	24:00 (18)	40:16 (22)	44:36 (22)	48:35 (22)	52:39 (22)	1:06:12 (23)	1:09:15 (23) 1:09:15 (23)
	7:18/31	6:04/48	10:38/44	16:16/56	4:20/45	3:59/52	4:04/53	13:33/50	3:03/58
	+4:13 (22)	+2:47 (21)	+4:26 (15)	+10:14 (25)	+3:02 (21)	+2:38 (21)	+2:50 (24)	+11:39 (24)	+1:42 (23) +0:00 (1)
24	Anne -Grete Olsen		Ukjent		(19,38min/km)	1:09:46	(+37:58)		
	5:55 (20)	12:44 (20)	38:24 (25)	50:11 (24)	53:29 (25)	56:27 (25)	58:32 (24)	1:07:07 (24)	1:09:46 (24) 1:09:46 (24)
	5:55/31	6:49/48	25:40/44	11:47/56	3:18/45	2:58/52	2:05/53	8:35/50	2:39/58
	+2:50 (20)	+3:32 (22)	+19:28 (24)	+5:45 (21)	+2:00 (19)	+1:37 (18)	+0:51 (21)	+6:41 (21)	+1:18 (21) +0:00 (1)
25	Marianne Eilertsen		B&OI		(19,38min/km)	1:09:47	(+37:59)		
	5:49 (19)	12:39 (19)	38:20 (24)	50:11 (24)	53:25 (24)	56:22 (24)	58:34 (25)	1:07:08 (25)	1:09:47 (25) 1:09:47 (25)
	5:49/31	6:50/48	25:41/44	11:51/56	3:14/45	2:57/52	2:12/53	8:34/50	2:39/58
	+2:44 (19)	+3:33 (23)	+19:29 (25)	+5:49 (22)	+1:56 (18)	+1:36 (17)	+0:58 (23)	+6:40 (20)	+1:18 (21) +0:00 (1)
	Arnold Danielsen		B&OI		(27,54min/km)	Disk	(+1:07:20)		
	33:25 (26)	47:04 (26)	1:06:12 (26)	1:20:06 (26)	1:23:56 (26)	1:26:47 (26)	1:36:15 (26)	1:39:08 (26)	1:39:08 (26) 1:39:08 (26)
	33:25/31	13:39/48	19:08/44	13:54/45	3:50/52	2:51/53	9:28/50	2:53/58	
	+30:20 (26)	+10:22 (26)	+12:56 (24)	+7:52 (24)	+2:32 (21)	+1:30 (17)	+8:14 (26)	+0:59 (2)	+0:00 (1) +0:00 (1)
	Regula Høsli		B&OI		(0,00min/km)	Brutt			
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1) +0:00 (1)

Klasse 4 km 4,1 km

25 påmeldt, 25 startende

1	Per Rekkedal		B&OI		(8,33min/km)	34:10			
	2:26 (1)	4:53 (1)	7:33 (1)	10:57 (1)	15:32 (1)	18:35 (1)	24:56 (1)	26:07 (1)	27:41 (1) 28:56 (1)
	2:26/41	2:27/31	2:40/48	3:24/49	4:35/44	3:03/54	6:21/56	1:11/45	1:34/52 1:15/53
	+0:00 (1)	+0:02 (2)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:30 (3)	+0:47 (3)	+0:01 (3)	+0:05 (2) +0:00 (1)
	32:50 (1)	34:10 (1)							
	3:54/50	1:20/58							
	+0:00 (1)	+0:00 (1)							
2	Morten Tjøndal		B&OI		(9,77min/km)	40:03	(+5:53)		
	3:00 (6)	6:15 (6)	9:24 (6)	13:25 (5)	18:49 (2)	22:29 (2)	29:34 (2)	31:02 (2)	32:44 (2) 33:59 (2)
	3:00/41	3:15/31	3:09/48	4:01/49	5:24/44	3:40/54	7:05/56	1:28/45	1:42/52 1:15/53
	+0:34 (6)	+0:50 (10)	+0:29 (7)	+0:37 (7)	+0:49 (2)	+1:07 (6)	+1:31 (8)	+0:18 (9)	+0:13 (4) +0:00 (1)
	38:36 (2)	40:03 (2)							

4:37/50 1:27/58
+0:43 (4) +0:07 (3)

3 Ivar Aanerød B&OI (10,03min/km) **41:08** (+6:58)
2:52 (3) 5:49 (3) 8:49 (3) 12:21 (2) 18:54 (3) 23:33 (3) 29:57 (4) 31:20 (3) 33:44 (4) 35:21 (4)
2:52/41 2:57/31 3:00/48 3:32/49 6:33/44 4:39/54 6:24/56 1:23/45 2:24/52 1:37/53
+0:26 (3) +0:32 (5) +0:20 (4) +0:08 (3) +1:58 (8) +2:06 (11) +0:50 (5) +0:13 (7) +0:55 (19) +0:22 (15)
39:29 (3) 41:08 (3)
4:08/50 1:39/58
+0:14 (2) +0:19 (10)

4 Leif Magne Eggestad B&OI (10,50min/km) **43:03** (+8:53)
2:30 (2) 7:10 (14) 10:09 (10) 14:10 (6) 21:45 (7) 24:18 (4) 29:52 (3) 31:59 (4) 33:28 (3) 35:08 (3)
2:30/41 4:40/31 2:59/48 4:01/49 7:35/44 2:33/54 5:34/56 2:07/45 1:29/52 1:40/53
+0:04 (2) +2:15 (21) +0:19 (3) +0:37 (7) +3:00 (11) +0:00 (1) +0:00 (1) +0:57 (21) +0:00 (1) +0:25 (18)
41:36 (4) 43:03 (4)
6:28/50 1:27/58
+2:34 (16) +0:07 (3)

5 Dag Skogan B&OI (11,38min/km) **46:40** (+12:30)
3:28 (14) 7:41 (17) 10:54 (13) 15:08 (8) 21:29 (5) 26:45 (5) 33:48 (5) 35:25 (5) 37:32 (5) 39:21 (5)
3:28/41 4:13/31 3:13/48 4:14/49 6:21/44 5:16/54 7:03/56 1:37/45 2:07/52 1:49/53
+1:02 (14) +1:48 (18) +0:33 (8) +0:50 (11) +1:46 (6) +2:43 (15) +1:29 (7) +0:27 (13) +0:38 (13) +0:34 (21)
44:44 (5) 46:40 (5)
5:23/50 1:56/58
+1:29 (12) +0:36 (19)

6 Per Otto Aursand Ukjent (11,58min/km) **47:28** (+13:18)
3:17 (10) 5:58 (4) 9:47 (8) 13:18 (4) 21:42 (6) 27:54 (7) 33:53 (6) 36:33 (6) 38:12 (6) 39:49 (6)
3:17/41 2:41/31 3:49/48 3:31/49 8:24/44 6:12/54 5:59/56 2:40/45 1:39/52 1:37/53
+0:51 (10) +0:16 (3) +1:09 (14) +0:07 (2) +3:49 (16) +3:39 (16) +0:25 (2) +1:30 (23) +0:10 (3) +0:22 (15)
45:45 (6) 47:28 (6)
5:56/50 1:43/58
+2:02 (15) +0:23 (12)

7 Jan Prytz B&OI (11,94min/km) **48:58** (+14:48)
2:53 (4) 6:05 (5) 9:08 (4) 13:16 (3) 27:19 (15) 30:51 (12) 37:59 (9) 39:29 (9) 41:17 (8) 42:36 (8)
2:53/41 3:12/31 3:03/48 4:08/49 14:03/44 3:32/54 7:08/56 1:30/45 1:48/52 1:19/53
+0:27 (4) +0:47 (8) +0:23 (5) +0:44 (9) +9:28 (23) +0:59 (5) +1:34 (9) +0:20 (11) +0:19 (9) +0:04 (4)
47:29 (8) 48:58 (7)
4:53/50 1:29/58
+0:59 (10) +0:09 (6)

8 Tor Arne Haug B&OI (12,00min/km) **49:11** (+15:01)
3:27 (13) 7:24 (16) 12:22 (16) 16:59 (12) 24:30 (10) 29:36 (10) 37:10 (8) 38:33 (7) 40:46 (7) 42:14 (7)
3:27/41 3:57/31 4:58/48 4:37/49 7:31/44 5:06/54 7:34/56 1:23/45 2:13/52 1:28/53
+1:01 (13) +1:32 (17) +2:18 (16) +1:13 (12) +2:56 (10) +2:33 (14) +2:00 (11) +0:13 (7) +0:44 (16) +0:13 (10)
47:04 (7) 49:11 (8)
4:50/50 2:07/58
+0:56 (8) +0:47 (22)

9 Erlend Fjose B&OI (12,18min/km) **49:57** (+15:47)
3:12 (8) 6:24 (7) 9:12 (5) 15:37 (9) 25:05 (11) 28:27 (8) 38:49 (11) 40:38 (11) 42:23 (9) 43:45 (9)
3:12/41 3:12/31 2:48/48 6:25/49 9:28/44 3:22/54 10:22/56 1:49/45 1:45/52 1:22/53
+0:46 (8) +0:47 (8) +0:08 (2) +3:01 (14) +4:53 (18) +0:49 (4) +4:48 (21) +0:39 (15) +0:16 (6) +0:07 (7)
48:22 (9) 49:57 (9)
4:37/50 1:35/58
+0:43 (4) +0:15 (7)

10 Torkel Irgens B&OI (12,30min/km) **50:26** (+16:16)
3:06 (7) 5:31 (2) 8:39 (2) 15:49 (10) 21:49 (8) 26:54 (6) 38:11 (10) 40:15 (10) 42:29 (10) 43:50 (10)
3:06/41 2:25/31 3:08/48 7:10/49 6:00/44 5:05/54 11:17/56 2:04/45 2:14/52 1:21/53
+0:40 (7) +0:00 (1) +0:28 (6) +3:46 (18) +1:25 (3) +2:32 (13) +5:43 (22) +0:54 (20) +0:45 (17) +0:06 (6)
48:38 (10) 50:26 (10)
4:48/50 1:48/58
+0:54 (7) +0:28 (17)

11 Bjørnar Hegreberg B&OI (12,90min/km) **52:54** (+18:44)
3:26 (12) 7:13 (15) 12:38 (17) 19:30 (16) 25:44 (13) 28:33 (9) 36:45 (7) 38:39 (8) 43:53 (11) 45:26 (11)

3:26/41	3:47/31	5:25/48	6:52/49	6:14/44	2:49/54	8:12/56	1:54/45	5:14/52	1:33/53
+1:00 (12)	+1:22 (15)	+2:45 (19)	+3:28 (15)	+1:39 (4)	+0:16 (2)	+2:38 (13)	+0:44 (17)	+3:45 (21)	+0:18 (13)
51:19 (12)	52:54 (11)								
5:53/50	1:35/58								
+1:59 (14)	+0:15 (7)								

12 Anita Eriksen **B&OI** **(12,93min/km)** **53:00 (+18:50)**

3:16 (9)	6:27 (8)	9:49 (9)	16:10 (11)	24:04 (9)	32:31 (13)	41:48 (14)	43:10 (14)	45:03 (12)	46:21 (12)
3:16/41	3:11/31	3:22/48	6:21/49	7:54/44	8:27/54	9:17/56	1:22/45	1:53/52	1:18/53
+0:50 (9)	+0:46 (7)	+0:42 (11)	+2:57 (13)	+3:19 (12)	+5:54 (21)	+3:43 (19)	+0:12 (6)	+0:24 (10)	+0:03 (3)
51:15 (11)	53:00 (12)								
4:54/50	1:45/58								
+1:00 (11)	+0:25 (14)								

13 Joar Henriksen **B&OI** **(13,18min/km)** **54:02 (+19:52)**

3:29 (15)	7:53 (19)	14:46 (19)	18:43 (13)	26:45 (14)	34:40 (15)	42:53 (15)	44:03 (15)	45:49 (13)	47:29 (13)
3:29/41	4:24/31	6:53/48	3:57/49	8:02/44	7:55/54	8:13/56	1:10/45	1:46/52	1:40/53
+1:03 (15)	+1:59 (19)	+4:13 (21)	+0:33 (6)	+3:27 (14)	+5:22 (19)	+2:39 (14)	+0:00 (1)	+0:17 (7)	+0:25 (18)
52:19 (13)	54:02 (13)								
4:50/50	1:43/58								
+0:56 (8)	+0:23 (12)								

14 Gunnar Rabben **Valnesfjord IL** **(13,62min/km)** **55:51 (+21:41)**

3:31 (17)	6:49 (12)	10:09 (10)	20:16 (18)	33:57 (22)	37:43 (17)	45:22 (19)	46:51 (19)	48:35 (18)	49:59 (18)
3:31/41	3:18/31	3:20/48	10:07/49	13:41/44	3:46/54	7:39/56	1:29/45	1:44/52	1:24/53
+1:05 (17)	+0:53 (11)	+0:40 (10)	+6:43 (21)	+9:06 (22)	+1:13 (8)	+2:05 (12)	+0:19 (10)	+0:15 (5)	+0:09 (9)
54:23 (14)	55:51 (14)								
4:24/50	1:28/58								
+0:30 (3)	+0:08 (5)								

15 Arne Kristian Nordhei **B&OI** **(13,98min/km)** **57:20 (+23:10)**

3:30 (16)	6:37 (10)	14:17 (18)	22:39 (20)	31:45 (20)	38:00 (21)	44:21 (18)	46:11 (18)	48:06 (17)	49:44 (17)
3:30/41	3:07/31	7:40/48	8:22/49	9:06/44	6:15/54	6:21/56	1:50/45	1:55/52	1:38/53
+1:04 (16)	+0:42 (6)	+5:00 (22)	+4:58 (20)	+4:31 (17)	+3:42 (17)	+0:47 (3)	+0:40 (16)	+0:26 (11)	+0:23 (17)
55:34 (15)	57:20 (15)								
5:50/50	1:46/58								
+1:56 (13)	+0:26 (16)								

16 Vibece Hobbestad **Valnesfjord IL** **(14,13min/km)** **57:57 (+23:47)**

6:22 (23)	9:49 (22)	15:02 (20)	18:49 (14)	25:07 (12)	29:46 (11)	39:12 (12)	40:54 (12)	46:14 (14)	47:42 (14)
6:22/41	3:27/31	5:13/48	3:47/49	6:18/44	4:39/54	9:26/56	1:42/45	5:20/52	1:28/53
+3:56 (23)	+1:02 (13)	+2:33 (18)	+0:23 (4)	+1:43 (5)	+2:06 (11)	+3:52 (20)	+0:32 (14)	+3:51 (22)	+0:13 (10)
56:20 (16)	57:57 (16)								
8:38/50	1:37/58								
+4:44 (20)	+0:17 (9)								

17 Tore Bergkvist **Valnesfjord IL** **(14,18min/km)** **58:09 (+23:59)**

3:19 (11)	6:58 (13)	12:03 (15)	18:56 (15)	29:51 (18)	37:55 (19)	46:49 (20)	48:06 (20)	50:17 (20)	51:40 (20)
3:19/41	3:39/31	5:05/48	6:53/49	10:55/44	8:04/54	8:54/56	1:17/45	2:11/52	1:23/53
+0:53 (11)	+1:14 (14)	+2:25 (17)	+3:29 (16)	+6:20 (21)	+5:31 (20)	+3:20 (18)	+0:07 (5)	+0:42 (15)	+0:08 (8)
56:24 (17)	58:09 (17)								
4:44/50	1:45/58								
+0:50 (6)	+0:25 (14)								

18 Bjørn Mannsverk **Ukjent** **(14,70min/km)** **1:00:17 (+26:07)**

2:56 (5)	6:44 (11)	10:14 (12)	14:22 (7)	21:08 (4)	37:46 (18)	44:10 (17)	45:20 (17)	47:30 (16)	48:50 (15)
2:56/41	3:48/31	3:30/48	4:08/49	6:46/44	16:38/54	6:24/56	1:10/45	2:10/52	1:20/53
+0:30 (5)	+1:23 (16)	+0:50 (12)	+0:44 (9)	+2:11 (9)	+14:05 (23)	+0:50 (5)	+0:00 (1)	+0:41 (14)	+0:05 (5)
58:35 (19)	1:00:17 (18)								
9:45/50	1:42/58								
+5:51 (22)	+0:22 (11)								

19 Odd Ivar Søvik **B&OI** **(14,75min/km)** **1:00:29 (+26:19)**

4:54 (22)	11:54 (23)	16:51 (22)	20:46 (19)	29:09 (17)	33:06 (14)	41:35 (13)	43:06 (13)	48:37 (19)	50:24 (19)
4:54/41	7:00/31	4:57/48	3:55/49	8:23/44	3:57/54	8:29/56	1:31/45	5:31/52	1:47/53
+2:28 (22)	+4:35 (23)	+2:17 (15)	+0:31 (5)	+3:48 (15)	+1:24 (9)	+2:55 (16)	+0:21 (12)	+4:02 (23)	+0:32 (20)
58:23 (18)	1:00:29 (19)								
7:59/50	2:06/58								

+4:05 (18) +0:46 (21)

20	Jacob Kalvig Skogan		B&OI		(15,35min/km)		1:02:55	(+28:45)	
4:10 (19)	9:24 (21)	15:51 (21)	22:45 (21)	33:33 (21)	37:58 (20)	46:50 (21)	48:45 (21)	50:47 (21)	52:50 (21)
4:10/41	5:14/31	6:27/48	6:54/49	10:48/44	4:25/54	8:52/56	1:55/45	2:02/52	2:03/53
+1:44 (19)	+2:49 (22)	+3:47 (20)	+3:30 (17)	+6:13 (20)	+1:52 (10)	+3:18 (17)	+0:45 (18)	+0:33 (12)	+0:48 (22)
1:01:05 (20)	1:02:55 (20)								
8:15/50	1:50/58								
+4:21 (19)	+0:30 (18)								

21	Geir Moen		B&OI		(15,48min/km)		1:03:29	(+29:19)	
4:25 (20)	7:50 (18)	11:28 (14)	19:30 (16)	27:31 (16)	34:55 (16)	43:11 (16)	45:12 (16)	47:27 (15)	49:01 (16)
4:25/41	3:25/31	3:38/48	8:02/49	8:01/44	7:24/54	8:16/56	2:01/45	2:15/52	1:34/53
+1:59 (20)	+1:00 (12)	+0:58 (13)	+4:38 (19)	+3:26 (13)	+4:51 (18)	+2:42 (15)	+0:51 (19)	+0:46 (18)	+0:19 (14)
1:01:27 (21)	1:03:29 (21)								
12:26/50	2:02/58								
+8:32 (23)	+0:42 (20)								

22	Per Gaute Pettersen		Ukjent		(15,50min/km)		1:03:33	(+29:23)	
3:46 (18)	6:31 (9)	9:45 (7)	24:15 (22)	30:46 (19)	41:33 (22)	48:44 (22)	49:56 (22)	51:43 (22)	53:12 (22)
3:46/41	2:45/31	3:14/48	14:30/49	6:31/44	10:47/54	7:11/56	1:12/45	1:47/52	1:29/53
+1:20 (18)	+0:20 (4)	+0:34 (9)	+11:06 (22)	+1:56 (7)	+8:14 (22)	+1:37 (10)	+0:02 (4)	+0:18 (8)	+0:14 (12)
1:02:09 (22)	1:03:33 (22)								
8:57/50	1:24/58								
+5:03 (21)	+0:04 (2)								

23	Christian Søvik		B&OI		(19,78min/km)		1:21:06	(+46:56)	
4:47 (21)	9:13 (20)	21:36 (23)	38:04 (23)	47:50 (23)	51:35 (23)	1:04:01 (23)	1:06:23 (23)	1:09:20 (23)	1:11:29 (23)
4:47/41	4:26/31	12:23/48	16:28/49	9:46/44	3:45/54	12:26/56	2:22/45	2:57/52	2:09/53
+2:21 (21)	+2:01 (20)	+9:43 (23)	+13:04 (23)	+5:11 (19)	+1:12 (7)	+6:52 (23)	+1:12 (22)	+1:28 (20)	+0:54 (23)
1:18:57 (23)	1:21:06 (23)								
7:28/50	2:09/58								
+3:34 (17)	+0:49 (23)								

	Tore W Wold		Ukjent		(17,97min/km)		Disk	(+39:31)	
8:46 (24)	16:23 (24)	34:51 (24)	51:18 (24)	55:51 (24)	58:14 (24)	1:11:14 (24)	1:13:41 (24)	1:13:41 (24)	1:13:41 (24)
8:46/41	7:37/31	18:28/48	16:27/49	4:33/52	2:23/53	13:00/50	2:27/58		
+6:20 (24)	+5:12 (24)	+15:48 (24)	+13:03 (23)	+0:00 (1)	+0:00 (1)	+7:26 (24)	+1:17 (23)	+0:00 (1)	+0:00 (1)
1:13:41 (23)	1:13:41 (23)								
+0:00 (1)	+0:00 (1)								

	Jonny Jakobsen		Valnesfjord IL		(13,65min/km)		Brutt	(+21:49)	
3:18 (11)	6:00 (5)	9:04 (4)	21:25 (20)	43:38 (23)	45:37 (23)	47:43 (22)	49:08 (22)	54:08 (23)	55:59 (23)
3:18/41	2:42/31	3:04/48	12:21/49	22:13/56	1:59/45	2:06/52	1:25/53	5:00/50	1:51/58
+0:52 (11)	+0:17 (4)	+0:24 (6)	+8:57 (22)	+17:38 (24)	+0:00 (1)	+0:00 (1)	+0:15 (9)	+3:31 (21)	+0:36 (22)
55:59 (16)	55:59 (15)								
+0:00 (1)	+0:00 (1)								

Klasse 6 km 7,0 km

12 påmeldt, 12 startende

1	Nils Aamand		B&OI		(7,33min/km)		51:20		
2:16 (4)	4:09 (2)	6:21 (1)	9:19 (1)	14:33 (1)	16:27 (1)	26:27 (1)	30:24 (1)	34:25 (1)	41:53 (1)
2:16/41	1:53/31	2:12/48	2:58/49	5:14/44	1:54/54	10:00/65	3:57/62	4:01/64	7:28/56
+0:09 (4)	+0:00 (1)	+0:02 (2)	+0:12 (3)	+1:17 (3)	+0:00 (1)	+0:00 (1)	+0:11 (2)	+0:00 (1)	+0:00 (1)
42:51 (1)	44:08 (1)	45:35 (1)	50:07 (1)	51:20 (1)					
0:58/45	1:17/52	1:27/53	4:32/50	1:13/58					
+0:00 (1)	+0:02 (2)	+0:24 (8)	+1:20 (10)	+0:00 (1)					

2	Arild Hegreberg		B&OI		(7,36min/km)		51:31	(+0:11)	
2:13 (3)	4:16 (3)	6:54 (5)	10:39 (5)	14:36 (2)	16:53 (2)	27:26 (2)	31:12 (2)	35:41 (2)	43:13 (2)
2:13/41	2:03/31	2:38/48	3:45/49	3:57/44	2:17/54	10:33/65	3:46/62	4:29/64	7:32/56
+0:06 (3)	+0:10 (4)	+0:28 (6)	+0:59 (9)	+0:00 (1)	+0:23 (3)	+0:33 (2)	+0:00 (1)	+0:28 (4)	+0:04 (2)
44:32 (2)	45:47 (2)	46:55 (2)	50:12 (2)	51:31 (2)					
1:19/45	1:15/52	1:08/53	3:17/50	1:19/58					

+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
(1)	(1)	(1)	(1)	(1)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					
Roger Fagerheim			Ukjent		(0,00min/km)			Brutt	
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)
(1)	(1)	(1)	(1)	(1)					
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)					

Klasse Nybegynner 1,5 km

14 påmeldt, 13 startende

Frank Amundsen			Ukjent		(8,64min/km)			12:58	
0:42 (4)	2:15 (2)	4:15 (2)	5:33 (4)	6:40 (3)	10:37 (5)	12:04 (4)	12:58 (4)		
0:42/55	1:33/63	2:00/46	1:18/57	1:07/53	3:57/35	1:27/40	0:54/58		
+0:03 (3)	+0:02 (2)	+0:10 (2)	+0:25 (5)	+0:07 (4)	+1:06 (4)	+0:25 (3)	+0:09 (4)		
Lasse Christoffersen			Ukjent		(8,67min/km)			13:00	
0:42 (4)	2:18 (3)	4:32 (4)	5:25 (3)	6:44 (5)	10:49 (6)	12:15 (6)	13:00 (5)		
0:42/55	1:36/63	2:14/46	0:53/57	1:19/53	4:05/35	1:26/40	0:45/58		
+0:03 (3)	+0:05 (3)	+0:24 (3)	+0:00 (1)	+0:19 (5)	+1:14 (6)	+0:24 (2)	+0:00 (1)		
Håkon Haug			Ukjent		(15,46min/km)			23:11	
1:06 (9)	3:56 (11)	7:26 (11)	8:58 (7)	11:17 (9)	17:13 (8)	21:32 (11)	23:11 (11)		
1:06/55	2:50/63	3:30/46	1:32/57	2:19/53	5:56/35	4:19/40	1:39/58		
+0:27 (8)	+1:19 (9)	+1:40 (9)	+0:39 (6)	+1:19 (8)	+3:05 (9)	+3:17 (12)	+0:54 (11)		
Fredrik Kristiansen			B&OI		(7,89min/km)			11:50	
0:39 (2)	2:29 (6)	4:50 (6)	5:58 (6)	7:00 (6)	9:54 (3)	10:56 (2)	11:50 (2)		
0:39/55	1:50/63	2:21/46	1:08/57	1:02/53	2:54/35	1:02/40	0:54/58		
+0:00 (1)	+0:19 (5)	+0:31 (4)	+0:15 (3)	+0:02 (2)	+0:03 (2)	+0:00 (1)	+0:09 (4)		
Sølvi Kristiansen			B&OI		(8,30min/km)			12:27	
(1)	(1)	(1)	(1)	(1)	(1)	(1)	(1)		
+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
Roger Lund			Ukjent		(8,72min/km)			13:05	
0:49 (6)	2:20 (4)	4:45 (5)	5:43 (5)	6:43 (4)	10:34 (4)	12:13 (5)	13:05 (6)		
0:49/55	1:31/63	2:25/46	0:58/57	1:00/53	3:51/35	1:39/40	0:52/58		
+0:10 (5)	+0:00 (1)	+0:35 (5)	+0:05 (2)	+0:00 (1)	+1:00 (3)	+0:37 (5)	+0:07 (3)		
Lars Monsen			Ukjent		(8,80min/km)			Disk	
0:43 (6)	2:21 (5)	4:27 (4)	6:54 (7)	10:49 (8)	12:18 (7)	13:12 (7)	13:12 (7)		
0:43/55	1:38/63	2:06/46	2:27/53	3:55/35	1:29/40	0:54/58			
+0:04 (5)	+0:07 (4)	+0:16 (3)	+1:34 (9)	+2:55 (13)	+0:00 (1)	+0:00 (1)	+0:00 (1)		
Lisa Nesheim			Ukjent		(22,62min/km)			33:56	
1:32 (12)	6:01 (12)	12:37 (12)	16:01 (12)	19:15 (13)	28:11 (13)	31:34 (13)	33:56 (13)		
1:32/55	4:29/63	6:36/46	3:24/57	3:14/53	8:56/35	3:23/40	2:22/58		
+0:53 (11)	+2:58 (12)	+4:46 (12)	+2:31 (11)	+2:14 (12)	+6:05 (12)	+2:21 (11)	+1:37 (12)		
Anna Storvik Nilsen			B&OI		(20,90min/km)			31:21	
6:43 (13)	9:35 (13)	14:09 (13)	16:43 (13)	19:05 (12)	27:24 (12)	30:07 (12)	31:21 (12)		
6:43/55	2:52/63	4:34/46	2:34/57	2:22/53	8:19/35	2:43/40	1:14/58		
+6:04 (12)	+1:21 (11)	+2:44 (11)	+1:41 (9)	+1:22 (9)	+5:28 (11)	+1:41 (9)	+0:29 (9)		
Halvard W Pettersen			B&OI		(14,50min/km)			21:45	
1:09 (10)	3:37 (8)	6:41 (8)	9:54 (10)	12:26 (10)	18:03 (11)	20:31 (10)	21:45 (10)		
1:09/55	2:28/63	3:04/46	3:13/57	2:32/53	5:37/35	2:28/40	1:14/58		
+0:30 (9)	+0:57 (6)	+1:14 (7)	+2:20 (10)	+1:32 (10)	+2:46 (8)	+1:26 (8)	+0:29 (9)		
Tobias Skjevik			B&OI		(14,44min/km)			21:40	
1:01 (8)	3:36 (7)	6:31 (7)	9:58 (11)	12:34 (11)	17:48 (10)	20:31 (9)	21:40 (9)		
1:01/55	2:35/63	2:55/46	3:27/57	2:36/53	5:14/35	2:43/40	1:09/58		
+0:22 (7)	+1:04 (8)	+1:05 (6)	+2:34 (12)	+1:36 (11)	+2:23 (7)	+1:41 (9)	+0:24 (7)		

Christian Staurbakk			B&OI			<i>(8,16min/km)</i>		12:14
0:39 (2)	2:25 (5)	4:15 (2)	5:25 (2)	6:30 (2)	9:21 (2)	11:26 (3)	12:14 (3)	
0:39/55	1:46/63	1:50/46	1:10/57	1:05/53	2:51/35	2:05/40	0:48/58	
+0:00 (1)	+0:15 (4)	+0:00 (1)	+0:17 (4)	+0:05 (3)	+0:00 (1)	+1:03 (7)	+0:03 (2)	
Tiril Tande			B&OI			<i>(11,79min/km)</i>		17:41
0:56 (7)	3:47 (10)	7:03 (9)	9:04 (8)	10:46 (7)	14:49 (7)	16:35 (7)	17:41 (7)	
0:56/55	2:51/63	3:16/46	2:01/57	1:42/53	4:03/35	1:46/40	1:06/58	
+0:17 (6)	+1:20 (10)	+1:26 (8)	+1:08 (8)	+0:42 (6)	+1:12 (5)	+0:44 (6)	+0:21 (6)	
Via Tande			B&OI			<i>(13,30min/km)</i>		19:57
1:11 (11)	3:43 (9)	7:24 (10)	9:15 (9)	11:06 (8)	17:15 (9)	18:48 (8)	19:57 (8)	
1:11/55	2:32/63	3:41/46	1:51/57	1:51/53	6:09/35	1:33/40	1:09/58	
+0:32 (10)	+1:01 (7)	+1:51 (10)	+0:58 (7)	+0:51 (7)	+3:18 (10)	+0:31 (4)	+0:24 (7)	